Forecast For East of England
Issued by Met Office Exeter
at 0400 on Sunday 07 Mar 2021

++ Valid for broadcast between 0600 and 1800

Headline:
Largely cloudy but dry on Sunday, a widespread frost tonight.

Today:
A chilly start, with areas of frost clearing through the morning. Otherwise mainly fine and dry with light winds, but often cloudy with limited spells of sunshine. Maximum temperature 7 deg C (45 deg F).

Tonight:
Remaining fine and dry with cloudy interludes alternating with clear spells, these more prolonged in southern parts, allowing a widespread frost to develop during the early hours of Monday. Minimum temperature -2 deg C (28 deg F).

Monday:
A cold start for many but fine and dry. Generally bright or sunny but some cloudy interludes at times. Milder by the afternoon. Maximum temperature 10 deg C (50 deg F).

Outlook for Tuesday to Thursday:
Brightening up after a mostly cloudy start on Tuesday, with occasional sunny spells. Mild but generally wet and windy on Wednesday and Thursday, with coastal gales possible for a time.

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